



Chefs with Compassion

rescue | cook | feed



**67 000 LITRES**  
**FOR MANDELA DAY**

## Corporates that care

If you are looking for a way for your staff to give back for **67 minutes on Mandela Day** that's both **safe and promotes teamwork and collaboration** then the **#67000litres Challenge** is your answer!

1. Enter a corporate team into the "67 000 litres of soup" challenge via the [online registration form](#).
2. The cost to participate is a donation of R10 000, which will help us continue our mission to Rescue | Cook | Feed. Your donation gives you the opportunity to be part of an incredible national initiative and in gratitude for your participation you will receive a digital cookbook as a gift for your staff, which contains soup recipes from celebrity chefs who will be cooking, along with you and thousands of South Africans, on Mandela Day. You will also receive a Section 18A certificate and the right to use the #67000litres logo for the event.
3. **Decide how you wish to participate, which you will confirm after completing your registration and payment:**
  - Cooking from the comfort and safety of their own homes.
  - Adopt a culinary school and let them cook for you.
  - Cook together (safely) in your company canteen.
4. Set a target and challenge other corporates to participate. Social media posts will be provided for you to spread the word about your participation on your social media pages and WhatsApp groups.
5. **Select beneficiaries in one of the following ways:**
  - Choose one of Chefs with Compassion's existing beneficiaries in Joburg.
  - Identify one or more beneficiary organisations in your area.
  - Allow each of your staff who are cooking from home to identify their own preferred beneficiary, or hand out to homeless people in their area.
6. Order branded #67000litres aprons for your staff from the Chefs with Compassion website, as desired, by 2 July. Your company name can be added as an optional extra.
7. Staff members contribute by cleaning out their pantries of close-to-expiry products that are usable for soup, purchasing their own ingredients and cooking on the day. In the case where staff are cooking in food trucks or canteens, your company should supply the ingredients.
8. Staff collect yoghurt tubs and containers in the weeks leading up to Mandela Day or your company can purchase discounted buckets through Chefs with Compassion.
9. Chefs with Compassion will provide you with a system for recording your total volumes.
10. Arrange the logistics with your beneficiary. All soup must be collected/delivered before 13h00 on Sunday, 18 July.
11. **On Mandela Day:**
  - Your staff cook a wholesome and nutritional soup for 67 minutes, in teams in your canteen or individually in their own homes.
  - Fill containers with soup.
  - Deliver or arrange collection with your beneficiary/s by no later than 13h00 on Mandela Day.
  - Take photos and post on social media.
  - Record the numbers and submit to Chefs with Compassion.
  - **Join the celebration on social media at 15h00.**

If you have any questions, please email [info@cwcc.org.za](mailto:info@cwcc.org.za).